



# LEARN TO SQUARE DANCE

*Exercise  
Relieve stress*

## Modern Square Dancing

Tuesdays 7:00 - 9:00 pm

"Today's square dancing...It's not what you think! Experience fun, fellowship, great exercise and mental stimulation! If you enjoy walking, you will enjoy square dancing; no experience is necessary."

**10 week session starting September 10**

**September 10 – November 12**

*(Two additional free classes at the end of the session with West County Spinners)*

*(November 19 and 26)*

**Westridge Elementary School**

908 Crestland Drive, Ballwin, MO 63011

**\$65 per person**

Lessons are being offered through Parkway-Rockwood Community Education.

You can also register online at [www.prcommunityed.org](http://www.prcommunityed.org)

*Laugh  
Make Friends*

Couples of all ages welcome

**Square Dance to Contemporary Music**

**Contact for more info:**

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Cathy Hall 636-541-2174

Crystal Larkins 314-753-6674

